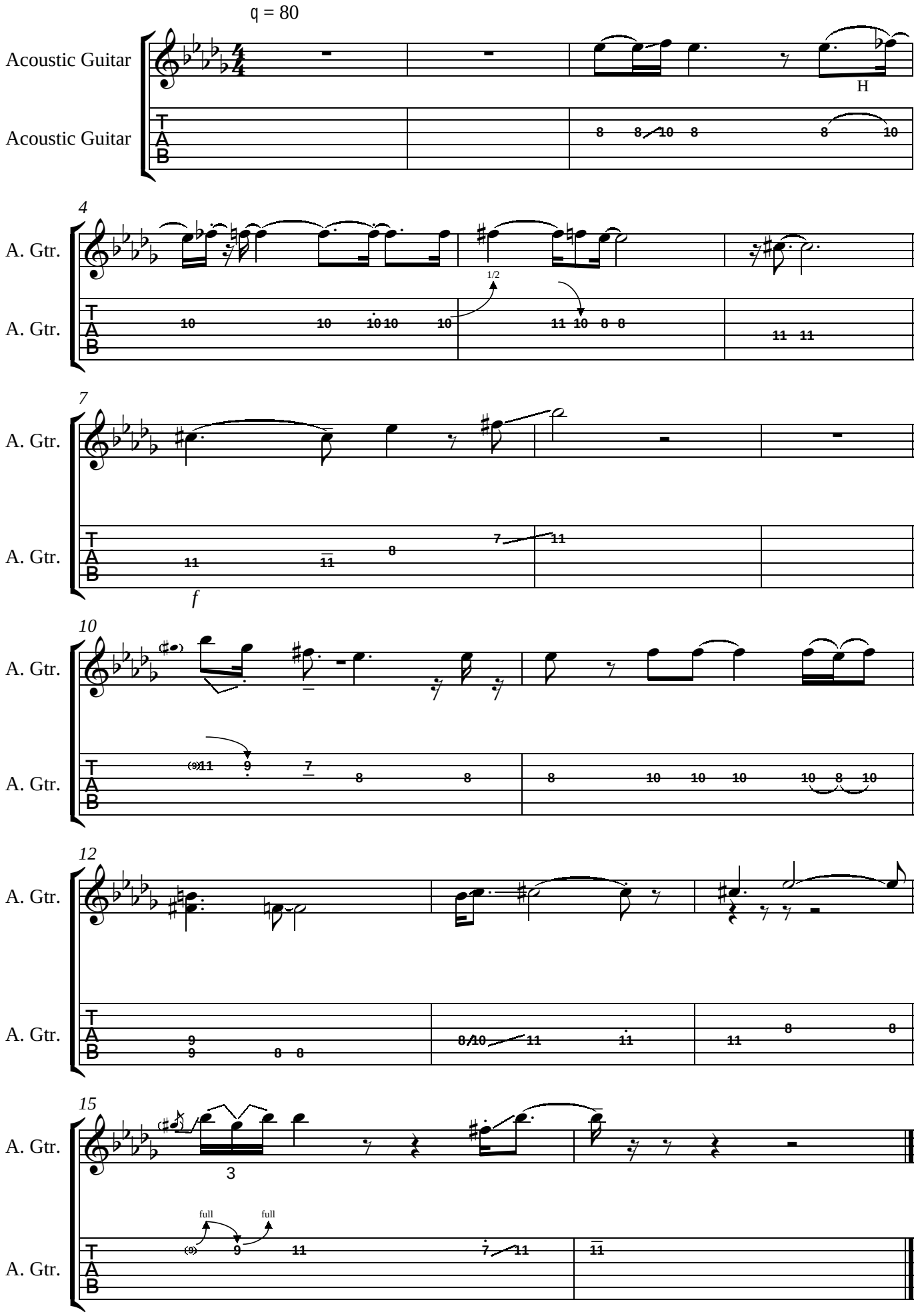Poor Jeruselem Solo